

Purpose:

Approximately 3-20% of hospital patients fall at least once during their stay. Anywhere from 10%-25% of falls result in serious injuries requiring medical attention. These falls are considered preventable “Never Events” by the Centers for Medicare & Medicaid. Therefore healthcare facilities are held accountable for the costs of treating any resulting injuries.

Establishing an effective Fall Management Program can greatly assist your facility in countering the consequences of injurious falls and avoiding “Never Event” liability costs. The purpose of the **Secure® Fall Prevention Admission Kit** is to prevent injurious falls between admission and finalization of a patient’s assessment and implementation of a total fall prevention program specific to the patient.

High Fall Risk Time For Patients

A significant number of falls occur after admission, which includes both new admissions to the facility and floor-to-floor transfers. During the first few hours and days following admission, fall risk remains high as patients are exposed to new environments, routines, and staff. Many falls occur at night. Up to 60% of nighttime falls are related to toileting and visits to the bathroom. The risk of falling is greatest in patients with:

- **Altered cognition** (e.g., delirium, dementia, anxiety, etc.) and/or
- **Mobility impairment** (e.g., gait/balance disorders, inability to self-transfer safely).

Secure® Fall Prevention Admission Kit

Once patients are identified as being at risk of falling due to altered cognition and/or mobility impairment at the time of admission, it is critical to immediately communicate the risk to all floor staff. This critical initial communication immediately identifies which patients are at risk, reminds staff that certain patients are at high risk of falling and has marked potential to significantly reduce the risk of falling after admission. Fall risk patients can be easily and cost-effectively identified by using:



- **Secure® Yellow Non-Slip Socks**

Yellow is the universal color for identifying fall risk patients. Double-sided non-slip socks guard against slipping and falling during transfers, ambulation and bed and chair exits. We suggest fall risk patients wear non-slip socks to bed at night to prevent a nighttime bed exit fall.



- **Secure® WaterFall Wristbands**

Designed for patients to wear as a wristband to assist staff in identifying high fall risk patients.



- **Secure® WaterFall Magnets**

Designed to be placed in the patient’s bedroom and/or on the doorframe to assist staff in identifying high fall risk patients.



Secure® Fall Prevention Admission Kit For Hospitals

To minimize the chances of falling, it is critical to monitor fall risk patients during the first few days after admission to detect care needs such as toileting, etc. It is also very important to assess the patient's potential fall risk situations such as getting out of bed unassisted, ambulation, etc. Preventing patient falls utilizing appropriate direct supervision is critical. However, fall alarms can be utilized to assist floor staff in significantly reducing falls and fall related injuries.

- **Fall Alarms – Secure® Personal Fall Alarm In Yellow Fall Risk Holder**

- Quickly and effectively alerts staff that the patient has changed position and is about to leave their bed, chair or wheelchair.
- Serves as an alternative to nurse call bells when used with patients who are noncompliant or unable to use their call bell because of cognitive and/or physical impairments.
- Serves as an assessment or planning tool by monitoring the frequency of attempts to leave the bed, chair or wheelchair, which can help identify emerging fall risk trends and establishing preventive interventions.



The safe mobility of patients at fall risk can easily be ensured by using:

- **Gait Belts – Secure Yellow Gait Belt and Gait Belt Hand Loop**



- Gait belts significantly reduce the likelihood of patient falls during staff assisted transfers (from/to bed, chair, toilet or wheelchair) and ambulation in patients who are not able to support themselves.

- Minimizes the risk of patient injury; gait belts help staff to guide and control falls during transfers/ambulation.
- Using hand loops with the gait belt greatly diminishes the risk of staff injury (back and musculoskeletal damage) during heavy transfer lifts.

The above mentioned fall prevention products can be valuable tools in helping to reducing post-admission falls. All of these products are contained in the **Secure® Fall Prevention Admission Kit**. These kits should be readily available to caregiver staff on all shifts.

As a solution to preventing post-admission falls and alerting key stakeholders regarding patient specific fall risk, Personal Safety Corporation has packaged all of the above mentioned items in a convenient to use **Secure® Fall Prevention Admission Kit**. According to nurses, the kit has several benefits:

- Essential fall prevention products are contained in a ready-to-use yellow fall prevention kit bag. The kit bag can immediately be assigned once a patient is assessed as a fall risk at admission. Each kit bag has a clear plastic pocket containing a card to write the patient's name and room number. The kit bag is easy to store on any floor or in the admissions office.
- Using the kit for all patients with altered cognition and/or mobility impairment at the time of admission helps staff to guard against falls between the time of admission and the nursing fall risk assessment. One of the critical steps to reducing falls in facilities is to assess/identify risk factors contributing to falls post-admission and take immediate preventive action prior to completion of the fall risk assessment. With shorter patient lengths of stay and higher patient turnover, there is less time to evaluate a patient's potential for falling. This is potential "Never Event" fall liability that can be considerably reduced utilizing the **Secure® Fall Prevention Admission Kit**.
- The **Secure® Fall Prevention Admission Kit** can also be used to prevent falls during other high risk times, such as during nursing shift changes and a 'change of condition' (i.e., an acute illness, or starting a medication associated with fall risk). Finally, the kit can be used to prevent a second fall until the cause of the initial fall is determined.

Please see our complete line of Secure® fall & wandering prevention products at www.padalarm.com.

Highest Quality...Lowest Prices...Guaranteed!

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